

**NOTIFICATION OF TRANSACTIONS BY PERSONS DISCHARGING MANAGERIAL RESPONSIBILITIES
(PDMR) AND PERSONS CLOSELY ASSOCIATED WITH THEM**

1	Details of the person discharging managerial responsibilities/person closely associated							
a)	Name	Charles MacBain						
2	Reason for the notification							
a)	Position/status	CEO						
b)	Initial notification /Amendment	Initial notification						
3	Details of the issuer, an emission allowances market participant, auction platform, the auctioneer, or the auction monitor							
a)	Business name	Nordhealth AS						
b)	LEI code	549300DMI437CP0K2C23						
4	Details of the transaction(s): Section to be repeated for i) each type of instrument ii) each type pf transaction, iii) each date, and iv) each place where the transaction(s) have been conducted							
a)	Description of the financial instrument/type of instrument Identification code	Shares in Nordhealth AS (ISIN: NO0011002651) ISIN: NO0011002651						
b)	Nature of the transaction	Purchase of shares						
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Currency</th> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td>NOK</td> <td>24</td> <td>3,186,544</td> </tr> </tbody> </table>	Currency	Price(s)	Volume(s)	NOK	24	3,186,544
Currency	Price(s)	Volume(s)						
NOK	24	3,186,544						
d)	Aggregated information - Aggregated volume - Aggregated price	3,186,544 shares NOK 76,477,056						
e)	Date of the transaction	2026-09-30						
f)	Place of the transaction	XOFF – Outside a trading venue						

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b)	Initial notification /Amendment	Initial notification						
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a)	Business name	Nordhealth AS						
b)	LEI code	549300DMI437CP0K2C23						
4	Details of the transaction(s): Section to be repeated for i) each type of instrument ii) each type pf transaction, iii) each date, and iv) each place where the transaction(s) have been conducted							
a)	Description of the financial instrument/type of instrument Identification code	Derivatives linked to the shares in Nordhealth with ISIN: NO0011002651						
b)	Nature of the transaction	Assigning derived rights (1:1) to shares issued by Nordhealth AS						
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Currency</th> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td>USD</td> <td>0</td> <td>955,963 derivatives</td> </tr> </tbody> </table>	Currency	Price(s)	Volume(s)	USD	0	955,963 derivatives
Currency	Price(s)	Volume(s)						
USD	0	955,963 derivatives						
d)	Aggregated information - Aggregated volume - Aggregated price	955,963 derivatives for an aggregated price of USD 0						
e)	Date of the transaction	2026-09-30						
f)	Place of the transaction	XOFF – Outside a trading venue						

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1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Hallmar Investments Ltd.	
2	Reason for the notification		
a)	Position/status	The transaction is undertaken by a closely associated enterprise (legal person) to the PDMR, Charles MacBain, CEO in Nordhealth AS	
b)	Initial notification /Amendment	Initial notification	
3	Details of the issuer, an emission allowances market participant, auction platform, the auctioneer, or the auction monitor		
a)	Business name	Nordhealth AS	
b)	LEI code	549300DMI437CP0K2C23	
4	Details of the transaction(s): Section to be repeated for i) each type of instrument ii) each type pf transaction, iii) each date, and iv) each place where the transaction(s) have been conducted		
a)	Description of the financial instrument/type of instrument Identification code	Derivatives linked to the shares in Nordhealth with ISIN: NO0011002651	
b)	Nature of the transaction	Receiving derived rights (1:1) to shares issued by Nordhealth AS	
c)	Price(s) and volume(s)	Currency	Price(s)
		USD	0
		Volume(s)	477,982 derivatives
d)	Aggregated information - Aggregated volume - Aggregated price	477,982 derivatives for an aggregated price of USD 0	
e)	Date of the transaction	2026-09-30	
f)	Place of the transaction	XOFF – Outside a trading venue	

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1	Details of the person discharging managerial responsibilities/person closely associated							
a)	Name	Marcy McCall MacBain						
2	Reason for the notification							
a)	Position/status	The transaction is undertaken by a closely associated person to the PDMR, Charles MacBain, CEO in Nordhealth AS						
b)	Initial notification /Amendment	Initial notification						
3	Details of the issuer, an emission allowances market participant, auction platform, the auctioneer, or the auction monitor							
a)	Business name	Nordhealth AS						
b)	LEI code	549300DMI437CP0K2C23						
4	Details of the transaction(s): Section to be repeated for i) each type of instrument ii) each type pf transaction, iii) each date, and iv) each place where the transaction(s) have been conducted							
a)	Description of the financial instrument/type of instrument Identification code	Derivatives linked to the shares in Nordhealth with ISIN: NO0011002651						
b)	Nature of the transaction	Receiving derived rights (1:1) to shares issued by Nordhealth AS						
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Currency</th> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td>USD</td> <td>0</td> <td>159,327 derivatives</td> </tr> </tbody> </table>	Currency	Price(s)	Volume(s)	USD	0	159,327 derivatives
Currency	Price(s)	Volume(s)						
USD	0	159,327 derivatives						
d)	Aggregated information - Aggregated volume - Aggregated price	159,327 derivatives for an aggregated price of USD 0						
e)	Date of the transaction	2026-09-30						
f)	Place of the transaction	XOFF – Outside a trading venue						

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1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Alexandra MacBain	
2	Reason for the notification		
a)	Position/status	The transaction is undertaken by a closely associated person to the PDMR, Charles MacBain, CEO in Nordhealth AS	
b)	Initial notification /Amendment	Initial notification	
3	Details of the issuer, an emission allowances market participant, auction platform, the auctioneer, or the auction monitor		
a)	Business name	Nordhealth AS	
b)	LEI code	549300DMI437CP0K2C23	
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a)	Description of the financial instrument/type of instrument Identification code	Derivatives linked to the shares in Nordhealth with ISIN: NO0011002651	
b)	Nature of the transaction	Receiving derived rights (1:1) to shares issued by Nordhealth AS	
c)	Price(s) and volume(s)	Currency	Price(s)
		USD	0
			159,327 derivatives
d)	Aggregated information - Aggregated volume - Aggregated price	159,327 derivatives for an aggregated price of USD 0	
e)	Date of the transaction	2026-09-30	
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1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Tara Kathleen MacBain	
2	Reason for the notification		
a)	Position/status	The transaction is undertaken by a closely associated person to the PDMR, Charles MacBain, CEO in Nordhealth AS	
b)	Initial notification /Amendment	Initial notification	
3	Details of the issuer, an emission allowances market participant, auction platform, the auctioneer, or the auction monitor		
a)	Business name	Nordhealth AS	
b)	LEI code	549300DMI437CP0K2C23	
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b)	Nature of the transaction	Receiving derived rights (1:1) to shares issued by Nordhealth AS	
c)	Price(s) and volume(s)	Currency	Price(s)
		USD	0
		Volume(s)	159,327 derivatives
d)	Aggregated information - Aggregated volume - Aggregated price	159,327 derivatives for an aggregated price of USD 0	
e)	Date of the transaction	2026-09-30	
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