

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	John Hamilton				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	Former Chief Executive Officer and Board member				
b)	Initial notification/ Amendment	Initial Notification				
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>					
a)	Name	Panoro Energy ASA				
b)	LEI	5967007LIEEXZXGWM030				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
a)	Description of the financial instrument, type of instrument Identification code	Shares transferred to Employees under the RSU Plan  ISIN NO0010564701				
b)	Nature of the transaction	Award of shares on settlement of Long-term Incentive Plan				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td>NOK 0.05</td> <td>110,836</td> </tr> </tbody> </table>	Price(s)	Volume(s)	NOK 0.05	110,836
Price(s)	Volume(s)					
NOK 0.05	110,836					
d)	Aggregated information — Aggregated volume — Price	Volume: 110,836 Exercise/Subscription Price NOK: 0.05 each				
e)	Date of the transaction	2026-06-22				
f)	Place of the transaction	n/a				

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	Qazi Qadeer				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	Chief Financial Officer				
b)	Initial notification/ Amendment	Initial Notification				
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>					
c)	Name	Panoro Energy ASA				
d)	LEI	5967007LIEEXZXGWM030				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
a)	Description of the financial instrument, type of instrument Identification code	Shares transferred to Employees under the RSU Plan  ISIN NO0010564701				
b)	Nature of the transaction	Award of shares on settlement of Long-term Incentive Plan				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td>NOK 0.05</td> <td>55,069</td> </tr> </tbody> </table>	Price(s)	Volume(s)	NOK 0.05	55,069
Price(s)	Volume(s)					
NOK 0.05	55,069					
d)	Aggregated information — Aggregated volume — Price	Volume: 55,069 Exercise/Subscription Price NOK: 0.05 each				
e)	Date of the transaction	2026-06-22				
f)	Place of the transaction	n/a				

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	Eric d'Argentre				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	Chief Operating Officer & President				
b)	Initial notification/ Amendment	Initial Notification				
<b>3</b>	<b>Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor</b>					
a)	Name	Panoro Energy ASA				
b)	LEI	5967007LIEEXZXGWM030				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
a)	Description of the financial instrument, type of instrument Identification code	Shares transferred to Employees under the RSU Plan  ISIN NO0010564701				
b)	Nature of the transaction	Award of shares on settlement of Long-term Incentive Plan				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td>NOK 0.05</td> <td>27,047</td> </tr> </tbody> </table>	Price(s)	Volume(s)	NOK 0.05	27,047
Price(s)	Volume(s)					
NOK 0.05	27,047					
d)	Aggregated information — Aggregated volume — Price	Volume: 27,047 Exercise/Subscription Price NOK: 0.05 each				
e)	Date of the transaction	2026-06-22				
f)	Place of the transaction	n/a				