



FINANSTILSYNET
THE FINANCIAL SUPERVISORY
AUTHORITY OF NORWAY

The Financial Supervisory Authority of Norway

KRT-1500 Form for notification of transactions carried out by persons discharging managerial responsibilities ("primary insiders") and their closely associated persons

Date sent: 19.06.2026 / 10:13
Receiver: The Financial Supervisory Authority of Norway
Reference number: 2b3bcd1b7cce

1 About the reporting

1.1 Are you reporting on behalf of yourself or others?

On behalf of others

1.2 Information about the reporter

1.2.1 Reporter's name

GALTUNG DØSVIG KIM

1.2.2 Reporter's company name

Mowi ASA

1.2.3 Reporter's email

Kim.dosvig@mowi.com

1.3 Information about primary insider / closely associated person

If the transaction is carried out by a closely associated legal entity of a primary insider, tick the option for entity closely associated with a primary insider, not primary insider. You will then be able to register information about both the primary insider and the entity closely associated with the primary insider.

1.3.1 I report as / on behalf of:

Primary insider

1.4 About the primary insider

1.4.1 Citizenship

Norwegian

1.4.1.1 Person lookup

National ID number/D-number

180371 *****

Name

IVAN VINDHEIM

1.4.3 Email

ivan.vindheim@mowi.com

1.4.4 Position/Role

CEO

2 About the notification

2.1 Is this a new notification or a correction of a previously reported transaction?

New notification

2.2 Information about the issuer or the emission allowance market participant

2.2.1 LEI code (for issuer or emission allowance market participant)

549300W10GQF5LZIH349

2.2.2 Company name (for issuer or emission allowance market participant)

Mowi

2.3 The reportable transaction

Description of the financial instrument/type of financial instrument

2.3.1 Instrument

Financial instrument linked to a share or debt instrument

2.3.2 ISIN code

N00003054108

2.3.2.1 Issuer name

Mowi ASA

2.4 Transaction type

2.4.1 Transaction type

Acceptance of share option

2.5 Share option scheme

2.5.1 Is the transaction linked to the exercise of a share option scheme?

No

2.6 Currency of the transaction

2.6.1 Currency

NOK

2.7 Prices and volume

If more than one transaction of the same type, financial instrument, day and trading venue has been made, price and volume can be entered for each transaction.

2.7.1 Price per unit

42,5

2.7.2 Volume

200 000

2.8 Aggregated information

2.8.1 Average price per unit

42,5

2.8.2 Aggregated volume

200 000

2.8.3 Total amount

8 500 000

2.9 Transaction date

2.9.1 Specify date

06/18/2026

2.10 Trading venue for the transaction

2.10.1 Trading venue

XOSL - Oslo Bors

2.11 Comment

You have not entered any information here



FINANSTILSYNET
THE FINANCIAL SUPERVISORY
AUTHORITY OF NORWAY

The Financial Supervisory Authority of Norway

KRT-1500 Form for notification of transactions carried out by persons discharging managerial responsibilities ("primary insiders") and their closely associated persons

Date sent: 19.06.2026 / 10:26
Receiver: The Financial Supervisory Authority of Norway
Reference number: db8fc974a2d0

1 About the reporting

1.1 Are you reporting on behalf of yourself or others?

On behalf of others

1.2 Information about the reporter

1.2.1 Reporter's name

GALTUNG DØSVIG KIM

1.2.2 Reporter's company name

Mowi ASA

1.2.3 Reporter's email

Kim.dosvig@mowi.com

1.3 Information about primary insider / closely associated person

If the transaction is carried out by a closely associated legal entity of a primary insider, tick the option for entity closely associated with a primary insider, not primary insider. You will then be able to register information about both the primary insider and the entity closely associated with the primary insider.

1.3.1 I report as / on behalf of:

Primary insider

1.4 About the primary insider

1.4.1 Citizenship

Norwegian

1.4.1.1 Person lookup

National ID number/D-number

030780 *****

Name

KRISTIAN ELLINGSEN

1.4.3 Email

kristian.ellingsen@mowi.com

1.4.4 Position/Role

CFO

2 About the notification

2.1 Is this a new notification or a correction of a previously reported transaction?

New notification

2.2 Information about the issuer or the emission allowance market participant

2.2.1 LEI code (for issuer or emission allowance market participant)

549300W10GQF5LZIH349

2.2.2 Company name (for issuer or emission allowance market participant)

Mowi

2.3 The reportable transaction

Description of the financial instrument/type of financial instrument

2.3.1 Instrument

Financial instrument linked to a share or debt instrument

2.3.2 ISIN code

N00003054108

2.3.2.1 Issuer name

Mowi ASA

2.4 Transaction type

2.4.1 Transaction type

Acceptance of share option

2.5 Share option scheme

2.5.1 Is the transaction linked to the exercise of a share option scheme?

No

2.6 Currency of the transaction

2.6.1 Currency

NOK

2.7 Prices and volume

If more than one transaction of the same type, financial instrument, day and trading venue has been made, price and volume can be entered for each transaction.

2.7.1 Price per unit

42,5

2.7.2 Volume

100 000

2.8 Aggregated information

2.8.1 Average price per unit

42,5

2.8.2 Aggregated volume

100 000

2.8.3 Total amount

4 250 000

2.9 Transaction date

2.9.1 Specify date

06/18/2026

2.10 Trading venue for the transaction

2.10.1 Trading venue

XOSL - Oslo Bors

2.11 Comment

You have not entered any information here



FINANSTILSYNET
THE FINANCIAL SUPERVISORY
AUTHORITY OF NORWAY

The Financial Supervisory Authority of Norway

KRT-1500 Form for notification of transactions carried out by persons discharging managerial responsibilities ("primary insiders") and their closely associated persons

Date sent: 19.06.2026 / 10:31
Receiver: The Financial Supervisory Authority of Norway
Reference number: 8d68e529276d

1 About the reporting

1.1 Are you reporting on behalf of yourself or others?

On behalf of others

1.2 Information about the reporter

1.2.1 Reporter's name

GALTUNG DØSVIG KIM

1.2.2 Reporter's company name

Mowi ASA

1.2.3 Reporter's email

Kim.dosvig@mowi.com

1.3 Information about primary insider / closely associated person

If the transaction is carried out by a closely associated legal entity of a primary insider, tick the option for entity closely associated with a primary insider, not primary insider. You will then be able to register information about both the primary insider and the entity closely associated with the primary insider.

1.3.1 I report as / on behalf of:

Primary insider

1.4 About the primary insider

1.4.1 Citizenship

Norwegian

1.4.1.1 Person lookup

National ID number/D-number

110270 *****

Name

ØYVIND OALAND

1.4.3 Email

oyvind.oaland@mowi.com

1.4.4 Position/Role

COO Farming Norway, Iceland

2 About the notification

2.1 Is this a new notification or a correction of a previously reported transaction?

New notification

2.2 Information about the issuer or the emission allowance market participant

2.2.1 LEI code (for issuer or emission allowance market participant)

549300W10GQF5LZIH349

2.2.2 Company name (for issuer or emission allowance market participant)

Mowi

2.3 The reportable transaction

Description of the financial instrument/type of financial instrument

2.3.1 Instrument

Financial instrument linked to a share or debt instrument

2.3.2 ISIN code

N00003054108

2.3.2.1 Issuer name

Mowi ASA

2.4 Transaction type

2.4.1 Transaction type

Acceptance of share option

2.5 Share option scheme

2.5.1 Is the transaction linked to the exercise of a share option scheme?

No

2.6 Currency of the transaction

2.6.1 Currency

NOK

2.7 Prices and volume

If more than one transaction of the same type, financial instrument, day and trading venue has been made, price and volume can be entered for each transaction.

2.7.1 Price per unit

42,5

2.7.2 Volume

100 000

2.8 Aggregated information

2.8.1 Average price per unit

42,5

2.8.2 Aggregated volume

100 000

2.8.3 Total amount

4 250 000

2.9 Transaction date

2.9.1 Specify date

06/18/2026

2.10 Trading venue for the transaction

2.10.1 Trading venue

XOSL - Oslo Bors

2.11 Comment

You have not entered any information here



FINANSTILSYNET
THE FINANCIAL SUPERVISORY
AUTHORITY OF NORWAY

The Financial Supervisory Authority of Norway

KRT-1500 Form for notification of transactions carried out by persons discharging managerial responsibilities ("primary insiders") and their closely associated persons

Date sent: 19.06.2026 / 10:35
Receiver: The Financial Supervisory Authority of Norway
Reference number: 1fb980c2a30f

1 About the reporting

1.1 Are you reporting on behalf of yourself or others?

On behalf of others

1.2 Information about the reporter

1.2.1 Reporter's name

GALTUNG DØSVIG KIM

1.2.2 Reporter's company name

Mowi ASA

1.2.3 Reporter's email

Kim.dosvig@mowi.com

1.3 Information about primary insider / closely associated person

If the transaction is carried out by a closely associated legal entity of a primary insider, tick the option for entity closely associated with a primary insider, not primary insider. You will then be able to register information about both the primary insider and the entity closely associated with the primary insider.

1.3.1 I report as / on behalf of:

Primary insider

1.4 About the primary insider

1.4.1 Citizenship

Foreign

1.4.1.2 Other ID

220876

1.4.1.3 Description of other ID

Scottish national

1.4.2 Name

Ben Hadfield

1.4.3 Email

ben.hadfield@mowi.com

1.4.4 Position/Role

C00 Farming Scotland, Ireland, Faroes & Canada East

2 About the notification

2.1 Is this a new notification or a correction of a previously reported transaction?

New notification

2.2 Information about the issuer or the emission allowance market participant

2.2.1 LEI code (for issuer or emission allowance market participant)

549300W10GQF5LZIH349

2.2.2 Company name (for issuer or emission allowance market participant)

Mowi

2.3 The reportable transaction

Description of the financial instrument/type of financial instrument

2.3.1 Instrument

Financial instrument linked to a share or debt instrument

2.3.2 ISIN code

N00003054108

2.3.2.1 Issuer name

Mowi ASA

2.4 Transaction type

2.4.1 Transaction type

Acceptance of share option

2.5 Share option scheme

2.5.1 Is the transaction linked to the exercise of a share option scheme?

No

2.6 Currency of the transaction

2.6.1 Currency

NOK

2.7 Prices and volume

If more than one transaction of the same type, financial instrument, day and trading venue has been made, price and volume can be entered for each transaction.

2.7.1 Price per unit

42,5

2.7.2 Volume

100 000

2.8 Aggregated information

2.8.1 Average price per unit

42,5

2.8.2 Aggregated volume

100 000

2.8.3 Total amount

4 250 000

2.9 Transaction date

2.9.1 Specify date

06/18/2026

2.10 Trading venue for the transaction

2.10.1 Trading venue

XOSL - Oslo Bors

2.11 Comment

You have not entered any information here



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KRT-1500 Form for notification of transactions carried out by persons discharging managerial responsibilities ("primary insiders") and their closely associated persons

Date sent: 19.06.2026 / 10:39
Receiver: The Financial Supervisory Authority of Norway
Reference number: 2f812143562e

1 About the reporting

1.1 Are you reporting on behalf of yourself or others?

On behalf of others

1.2 Information about the reporter

1.2.1 Reporter's name

GALTUNG DØSVIG KIM

1.2.2 Reporter's company name

Mowi ASA

1.2.3 Reporter's email

Kim.dosvig@mowi.com

1.3 Information about primary insider / closely associated person

If the transaction is carried out by a closely associated legal entity of a primary insider, tick the option for entity closely associated with a primary insider, not primary insider. You will then be able to register information about both the primary insider and the entity closely associated with the primary insider.

1.3.1 I report as / on behalf of:

Primary insider

1.4 About the primary insider

1.4.1 Citizenship

Foreign

1.4.1.2 Other ID

15318633-2

1.4.1.3 Description of other ID

Chilean national

1.4.2 Name

Fernando Villarroel

1.4.3 Email

fernando.villarroel@mowi.com

1.4.4 Position/Role

C00 Farming Americas

2 About the notification

2.1 Is this a new notification or a correction of a previously reported transaction?

New notification

2.2 Information about the issuer or the emission allowance market participant

2.2.1 LEI code (for issuer or emission allowance market participant)

549300W10GQF5LZIH349

2.2.2 Company name (for issuer or emission allowance market participant)

Mowi

2.3 The reportable transaction

Description of the financial instrument/type of financial instrument

2.3.1 Instrument

Financial instrument linked to a share or debt instrument

2.3.2 ISIN code

N00003054108

2.3.2.1 Issuer name

Mowi ASA

2.4 Transaction type

2.4.1 Transaction type

Acceptance of share option

2.5 Share option scheme

2.5.1 Is the transaction linked to the exercise of a share option scheme?

No

2.6 Currency of the transaction

2.6.1 Currency

NOK

2.7 Prices and volume

If more than one transaction of the same type, financial instrument, day and trading venue has been made, price and volume can be entered for each transaction.

2.7.1 Price per unit

42,5

2.7.2 Volume

100 000

2.8 Aggregated information

2.8.1 Average price per unit

42,5

2.8.2 Aggregated volume

100 000

2.8.3 Total amount

4 250 000

2.9 Transaction date

2.9.1 Specify date

06/18/2026

2.10 Trading venue for the transaction

2.10.1 Trading venue

XOSL - Oslo Bors

2.11 Comment

You have not entered any information here



FINANSTILSYNET
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AUTHORITY OF NORWAY

The Financial Supervisory Authority of Norway

KRT-1500 Form for notification of transactions carried out by persons discharging managerial responsibilities ("primary insiders") and their closely associated persons

Date sent: 19.06.2026 / 10:43
Receiver: The Financial Supervisory Authority of Norway
Reference number: 2963227258d9

1 About the reporting

1.1 Are you reporting on behalf of yourself or others?

On behalf of others

1.2 Information about the reporter

1.2.1 Reporter's name

GALTUNG DØSVIG KIM

1.2.2 Reporter's company name

Mowi ASA

1.2.3 Reporter's email

Kim.dosvig@mowi.com

1.3 Information about primary insider / closely associated person

If the transaction is carried out by a closely associated legal entity of a primary insider, tick the option for entity closely associated with a primary insider, not primary insider. You will then be able to register information about both the primary insider and the entity closely associated with the primary insider.

1.3.1 I report as / on behalf of:

Primary insider

1.4 About the primary insider

1.4.1 Citizenship

Norwegian

1.4.1.1 Person lookup

National ID number/D-number

210968 *****

Name

OLA NILSEN BRATTVOLL

1.4.3 Email

ola.brattvoll@mowi.com

1.4.4 Position/Role

COO Sales & Marketing

2 About the notification

2.1 Is this a new notification or a correction of a previously reported transaction?

New notification

2.2 Information about the issuer or the emission allowance market participant

2.2.1 LEI code (for issuer or emission allowance market participant)

549300W10GQF5LZIH349

2.2.2 Company name (for issuer or emission allowance market participant)

Mowi

2.3 The reportable transaction

Description of the financial instrument/type of financial instrument

2.3.1 Instrument

Financial instrument linked to a share or debt instrument

2.3.2 ISIN code

N00003054108

2.3.2.1 Issuer name

Mowi ASA

2.4 Transaction type

2.4.1 Transaction type

Acceptance of share option

2.5 Share option scheme

2.5.1 Is the transaction linked to the exercise of a share option scheme?

No

2.6 Currency of the transaction

2.6.1 Currency

NOK

2.7 Prices and volume

If more than one transaction of the same type, financial instrument, day and trading venue has been made, price and volume can be entered for each transaction.

2.7.1 Price per unit

42,5

2.7.2 Volume

100 000

2.8 Aggregated information

2.8.1 Average price per unit

42,5

2.8.2 Aggregated volume

100 000

2.8.3 Total amount

4 250 000

2.9 Transaction date

2.9.1 Specify date

06/18/2026

2.10 Trading venue for the transaction

2.10.1 Trading venue

XOSL - Oslo Bors

2.11 Comment

You have not entered any information here



FINANSTILSYNET
THE FINANCIAL SUPERVISORY
AUTHORITY OF NORWAY

The Financial Supervisory Authority of Norway

KRT-1500 Form for notification of transactions carried out by persons discharging managerial responsibilities ("primary insiders") and their closely associated persons

Date sent: 19.06.2026 / 10:46
Receiver: The Financial Supervisory Authority of Norway
Reference number: c52fd07377f1

1 About the reporting

1.1 Are you reporting on behalf of yourself or others?

On behalf of others

1.2 Information about the reporter

1.2.1 Reporter's name

GALTUNG DØSVIG KIM

1.2.2 Reporter's company name

Mowi ASA

1.2.3 Reporter's email

Kim.dosvig@mowi.com

1.3 Information about primary insider / closely associated person

If the transaction is carried out by a closely associated legal entity of a primary insider, tick the option for entity closely associated with a primary insider, not primary insider. You will then be able to register information about both the primary insider and the entity closely associated with the primary insider.

1.3.1 I report as / on behalf of:

Primary insider

1.4 About the primary insider

1.4.1 Citizenship

Norwegian

1.4.1.1 Person lookup

National ID number/D-number

040863 *****

Name

ATLE KVIST

1.4.3 Email

Atle.Kvist@mowi.com

1.4.4 Position/Role

C00 Feed

2 About the notification

2.1 Is this a new notification or a correction of a previously reported transaction?

New notification

2.2 Information about the issuer or the emission allowance market participant

2.2.1 LEI code (for issuer or emission allowance market participant)

549300W10GQF5LZIH349

2.2.2 Company name (for issuer or emission allowance market participant)

Mowi

2.3 The reportable transaction

Description of the financial instrument/type of financial instrument

2.3.1 Instrument

Financial instrument linked to a share or debt instrument

2.3.2 ISIN code

N00003054108

2.3.2.1 Issuer name

Mowi ASA

2.4 Transaction type

2.4.1 Transaction type

Acceptance of share option

2.5 Share option scheme

2.5.1 Is the transaction linked to the exercise of a share option scheme?

No

2.6 Currency of the transaction

2.6.1 Currency

NOK

2.7 Prices and volume

If more than one transaction of the same type, financial instrument, day and trading venue has been made, price and volume can be entered for each transaction.

2.7.1 Price per unit

42,5

2.7.2 Volume

100 000

2.8 Aggregated information

2.8.1 Average price per unit

42,5

2.8.2 Aggregated volume

100 000

2.8.3 Total amount

4 250 000

2.9 Transaction date

2.9.1 Specify date

06/18/2026

2.10 Trading venue for the transaction

2.10.1 Trading venue

XOSL - Oslo Bors

2.11 Comment

You have not entered any information here



FINANSTILSYNET
THE FINANCIAL SUPERVISORY
AUTHORITY OF NORWAY

The Financial Supervisory Authority of Norway

KRT-1500 Form for notification of transactions carried out by persons discharging managerial responsibilities ("primary insiders") and their closely associated persons

Date sent: 19.06.2026 / 10:51
Receiver: The Financial Supervisory Authority of Norway
Reference number: 2f166afec0ab

1 About the reporting

1.1 Are you reporting on behalf of yourself or others?

On behalf of others

1.2 Information about the reporter

1.2.1 Reporter's name

GALTUNG DØSVIG KIM

1.2.2 Reporter's company name

Mowi ASA

1.2.3 Reporter's email

Kim.dosvig@mowi.com

1.3 Information about primary insider / closely associated person

If the transaction is carried out by a closely associated legal entity of a primary insider, tick the option for entity closely associated with a primary insider, not primary insider. You will then be able to register information about both the primary insider and the entity closely associated with the primary insider.

1.3.1 I report as / on behalf of:

Primary insider

1.4 About the primary insider

1.4.1 Citizenship

Foreign

1.4.1.2 Other ID

31057722234

1.4.1.3 Description of other ID

Portuguese national

1.4.2 Name

Catarina Martins

1.4.3 Email

Catarina.Martins@mowi.com

1.4.4 Position/Role

Chief Technology Officer and Chief Sustainability Officer

2 About the notification

2.1 Is this a new notification or a correction of a previously reported transaction?

New notification

2.2 Information about the issuer or the emission allowance market participant

2.2.1 LEI code (for issuer or emission allowance market participant)

549300W10GQF5LZIH349

2.2.2 Company name (for issuer or emission allowance market participant)

Mowi

2.3 The reportable transaction

Description of the financial instrument/type of financial instrument

2.3.1 Instrument

Financial instrument linked to a share or debt instrument

2.3.2 ISIN code

N00003054108

2.3.2.1 Issuer name

Mowi ASA

2.4 Transaction type

2.4.1 Transaction type

Acceptance of share option

2.5 Share option scheme

2.5.1 Is the transaction linked to the exercise of a share option scheme?

No

2.6 Currency of the transaction

2.6.1 Currency

NOK

2.7 Prices and volume

If more than one transaction of the same type, financial instrument, day and trading venue has been made, price and volume can be entered for each transaction.

2.7.1 Price per unit

42,5

2.7.2 Volume

45 000

2.8 Aggregated information

2.8.1 Average price per unit

42,5

2.8.2 Aggregated volume

45 000

2.8.3 Total amount

1 912 500

2.9 Transaction date

2.9.1 Specify date

06/18/2026

2.10 Trading venue for the transaction

2.10.1 Trading venue

XOSL - Oslo Bors

2.11 Comment

You have not entered any information here



FINANSTILSYNET
THE FINANCIAL SUPERVISORY
AUTHORITY OF NORWAY

The Financial Supervisory Authority of Norway

KRT-1500 Form for notification of transactions carried out by persons discharging managerial responsibilities ("primary insiders") and their closely associated persons

Date sent: 19.06.2026 / 10:56
Receiver: The Financial Supervisory Authority of Norway
Reference number: 9c4d5afb1fc1

1 About the reporting

1.1 Are you reporting on behalf of yourself or others?

On behalf of others

1.2 Information about the reporter

1.2.1 Reporter's name

GALTUNG DØSVIG KIM

1.2.2 Reporter's company name

Mowi ASA

1.2.3 Reporter's email

Kim.dosvig@mowi.com

1.3 Information about primary insider / closely associated person

If the transaction is carried out by a closely associated legal entity of a primary insider, tick the option for entity closely associated with a primary insider, not primary insider. You will then be able to register information about both the primary insider and the entity closely associated with the primary insider.

1.3.1 I report as / on behalf of:

Primary insider

1.4 About the primary insider

1.4.1 Citizenship

Norwegian

1.4.1.1 Person lookup

National ID number/D-number

110678 *****

Name

KJERSTI JONASSEN EIKESETH

1.4.3 Email

Kjersti.eikesth@mowi.com

1.4.4 Position/Role

Chief HR Officer

2 About the notification

2.1 Is this a new notification or a correction of a previously reported transaction?

New notification

2.2 Information about the issuer or the emission allowance market participant

2.2.1 LEI code (for issuer or emission allowance market participant)

549300W10GQF5LZIH349

2.2.2 Company name (for issuer or emission allowance market participant)

Mowi

2.3 The reportable transaction

Description of the financial instrument/type of financial instrument

2.3.1 Instrument

Financial instrument linked to a share or debt instrument

2.3.2 ISIN code

N00003054108

2.3.2.1 Issuer name

Mowi ASA

2.4 Transaction type

2.4.1 Transaction type

Acceptance of share option

2.5 Share option scheme

2.5.1 Is the transaction linked to the exercise of a share option scheme?

No

2.6 Currency of the transaction

2.6.1 Currency

NOK

2.7 Prices and volume

If more than one transaction of the same type, financial instrument, day and trading venue has been made, price and volume can be entered for each transaction.

2.7.1 Price per unit

42,5

2.7.2 Volume

25 000

2.8 Aggregated information

2.8.1 Average price per unit

42,5

2.8.2 Aggregated volume

25 000

2.8.3 Total amount

1 062 500

2.9 Transaction date

2.9.1 Specify date

06/18/2026

2.10 Trading venue for the transaction

2.10.1 Trading venue

XOSL - Oslo Bors

2.11 Comment

You have not entered any information here



FINANSTILSYNET
THE FINANCIAL SUPERVISORY
AUTHORITY OF NORWAY

The Financial Supervisory Authority of Norway

KRT-1500 Form for notification of transactions carried out by persons discharging managerial responsibilities ("primary insiders") and their closely associated persons

Date sent: 19.06.2026 / 10:58
Receiver: The Financial Supervisory Authority of Norway
Reference number: 945343738e4a

1 About the reporting

1.1 Are you reporting on behalf of yourself or others?

On my own behalf

1.2 Information about the reporter

1.2.1 Reporter's name

GALTUNG DØSVIG KIM

1.2.2 Reporter's company name

Mowi ASA

1.2.3 Reporter's email

Kim.dosvig@mowi.com

1.3 Information about primary insider / closely associated person

If the transaction is carried out by a closely associated legal entity of a primary insider, tick the option for entity closely associated with a primary insider, not primary insider. You will then be able to register information about both the primary insider and the entity closely associated with the primary insider.

1.3.1 I report as / on behalf of:

Primary insider

1.4 About the primary insider

1.4.1 Citizenship

Norwegian

1.4.1.1 Person lookup

National ID number/D-number

171079 *****

Name

GALTUNG DØSVIG

1.4.3 Email

kim.dosvig@mowi.com

1.4.4 Position/Role

IRO & Head of Treasury

2 About the notification

2.1 Is this a new notification or a correction of a previously reported transaction?

New notification

2.2 Information about the issuer or the emission allowance market participant

2.2.1 LEI code (for issuer or emission allowance market participant)

549300W10GQF5LZIH349

2.2.2 Company name (for issuer or emission allowance market participant)

Mowi

2.3 The reportable transaction

Description of the financial instrument/type of financial instrument

2.3.1 Instrument

Financial instrument linked to a share or debt instrument

2.3.2 ISIN code

N00003054108

2.3.2.1 Issuer name

Mowi ASA

2.4 Transaction type

2.4.1 Transaction type

Acceptance of share option

2.5 Share option scheme

2.5.1 Is the transaction linked to the exercise of a share option scheme?

No

2.6 Currency of the transaction

2.6.1 Currency

NOK

2.7 Prices and volume

If more than one transaction of the same type, financial instrument, day and trading venue has been made, price and volume can be entered for each transaction.

2.7.1 Price per unit

42,5

2.7.2 Volume

25 000

2.8 Aggregated information

2.8.1 Average price per unit

42,5

2.8.2 Aggregated volume

25 000

2.8.3 Total amount

1 062 500

2.9 Transaction date

2.9.1 Specify date

06/18/2026

2.10 Trading venue for the transaction

2.10.1 Trading venue

XOSL - Oslo Bors

2.11 Comment

You have not entered any information here



FINANSTILSYNET
THE FINANCIAL SUPERVISORY
AUTHORITY OF NORWAY

The Financial Supervisory Authority of Norway

KRT-1500 Form for notification of transactions carried out by persons discharging managerial responsibilities ("primary insiders") and their closely associated persons

Date sent: 19.06.2026 / 11:04
Receiver: The Financial Supervisory Authority of Norway
Reference number: 7706d64d0c68

1 About the reporting

1.1 Are you reporting on behalf of yourself or others?

On behalf of others

1.2 Information about the reporter

1.2.1 Reporter's name

GALTUNG DØSVIG KIM

1.2.2 Reporter's company name

Mowi ASA

1.2.3 Reporter's email

Kim.dosvig@mowi.com

1.3 Information about primary insider / closely associated person

If the transaction is carried out by a closely associated legal entity of a primary insider, tick the option for entity closely associated with a primary insider, not primary insider. You will then be able to register information about both the primary insider and the entity closely associated with the primary insider.

1.3.1 I report as / on behalf of:

Primary insider

1.4 About the primary insider

1.4.1 Citizenship

Norwegian

1.4.1.1 Person lookup

National ID number/D-number

231180 *****

Name

LARS TORE ANDERSEN

1.4.3 Email

lars.tore.andersen@mowi.com

1.4.4 Position/Role

Group Accounting Director

2 About the notification

2.1 Is this a new notification or a correction of a previously reported transaction?

New notification

2.2 Information about the issuer or the emission allowance market participant

2.2.1 LEI code (for issuer or emission allowance market participant)

549300W10GQF5LZIH349

2.2.2 Company name (for issuer or emission allowance market participant)

Mowi

2.3 The reportable transaction

Description of the financial instrument/type of financial instrument

2.3.1 Instrument

Financial instrument linked to a share or debt instrument

2.3.2 ISIN code

N00003054108

2.3.2.1 Issuer name

Mowi ASA

2.4 Transaction type

2.4.1 Transaction type

Acceptance of share option

2.5 Share option scheme

2.5.1 Is the transaction linked to the exercise of a share option scheme?

No

2.6 Currency of the transaction

2.6.1 Currency

NOK

2.7 Prices and volume

If more than one transaction of the same type, financial instrument, day and trading venue has been made, price and volume can be entered for each transaction.

2.7.1 Price per unit

42,5

2.7.2 Volume

15 000

2.8 Aggregated information

2.8.1 Average price per unit

42,5

2.8.2 Aggregated volume

15 000

2.8.3 Total amount

637 500

2.9 Transaction date

2.9.1 Specify date

06/18/2026

2.10 Trading venue for the transaction

2.10.1 Trading venue

XOSL - Oslo Bors

2.11 Comment

You have not entered any information here